

# ОПРЕДЕЛЕНИЕ И ОЦЕНКА СОСТОЯНИЯ ЗДОРОВЬЯ И ПОДРОСТКОВ В ГОРОДАХ КОКАНД И МАРГИЛАН

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**Аннотация.** Здоровье детей и подростков формируется в процессе роста и развития под воздействием внутренних и внешних факторов. Здоровье детей и подростков определяется не только наличием или отсутствием заболеваний, но и нормативным состоянием основных показателей организма, а также их возрастом. Учитывая распространенность заболеваний и патологических поражений, для характеристики состояния здоровья детей широко используются следующие показатели: по обращениям, количество кодов здоровья, эпизодическая заболеваемость, часто болеющих. **Ключевые слова:** *заболевание по обращениям, часто болеющие дети; патологическая травма, индекс здоровья.*

## QO‘QON VA MARG‘ILON SHAHARLARIDAGI BOLALAR VA O‘SMIRLAR SALOMATLIK HOLATINI ANIQLASH VA BAHOLASH

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**Xulosa.** Bolalar va o‘smirlar salomatligi-muhim ichki omillar majmui va tashqi tasurotlar ostida o‘shish va rivojlanish davrida shakllanadi. Bolalar va o‘smirlar salomatligi ularda kasalliklarning bor yoki yo‘qligi bilan aniqlanibgina qolmasdan, balki yoshiga mos ravishda uyg‘un rivojlanganligi, shuningdek, organizm asosiy ko‘rsatkichlarining me‘yoriy darajadagi holati bilan belgilanadi. Bolalar va o‘smirlar jamoasi salomatlik holatiga tavsif berish uchun kasalliklarni va patologik jarohatlanishlarning tarqalganliklarini hisobga olgan holda quyidagi ko‘rsatkichlardan keng foydalaniladi: murojaatlar buyicha kasallanishni aniqlash, salomatlik indeksi, epizodik kasallanish, tez-tez kasallanuvchi bolalar soni va patolgik jarohatlanish. **Kalit so‘zlar:** *Murojaatlar bo‘yicha kasallanish, tez-tez kasallanuvchi bolalar; patologik jarohatlanish, salomatlik indeksi.*

## DETERMINATION AND EVALUATION OF HEALTH STATUS AND ADOLESCENTS IN KOKAND AND MARGILAN CITIES

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**Annotation.** Annotation Health of children and adolescents is formed during the growth and development of important internal factors and under external imprtruction. The health of children and adolescents is not only determined by the existence or absence of diseases, but also the normative status of key indicators of the body, as well as age. Given the prevalence of diseases and pathological injuries to describe the health status of the children and the children of the children: the following indicators are widely used on appeals, the number of healthcodes, episodic morbidity, often patients suffering.

**Key words:** *Disease on appeals; frequently patient children; pathological injury; Health Index.*

**Introduction** The health condition of children and adolescents defines the future of the state, the ability to its economic potential and defense. Among the biological factors that affect children's health in all age groups, the maternal pregnancy and birth complications have a significant impact among biological factors. [4] Children and adolescents are divided into the following health groups. **Grux:** a group of healthy children. (Has Normal Development and Normal Function.). **Group:** A group of healthy children. (Some

functional and morphological changes have been available, declined sharp and chronic diseases). **Grux:** Chronic diseases during compensation. **Grux:** Chronic diseases during subcompensation. **Grux:** During the chronic disease decompensation period. The number of chronic diseases will increase, as the age of children and adolescents. For example: and diseases of the nervous and sensory bodies, disorder of meals and substances, diseases of the respiratory organ, diseases of the respiratory organs, diseases of the urinary, urinary, hazardous system.

General disease data (on appeals) are derived from the Republican special statistical instruction instructions provided by regional statistical branches. [1] The Purpose of the Orur Research was to comprehensively and evaluate the life quality of children and adolescents in the largest cities of Fergana region.[9] Research was based on the diseases scheduled for infection and adolescents on the basis of the study of scheduled medical examination of children, medical cards.[6] The Results Expired: In the Total City of Kokand in Kokand and adolescents for 6-17 cities of Kokand and Margilan, 3,238 people (Table 1), Margilan (2-) Table). From this in Kokand city:

- What diseases are 7.6%
- University SIS Diseases 3.3%
- Religious diseases of the creation of the crop. 34.9%

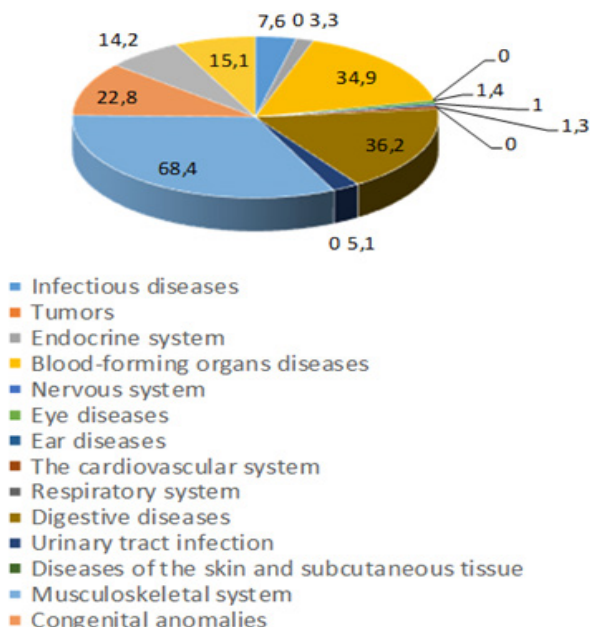
- Diseases of the system 1.4%
- Fashionable 1%
- Whose diseases 1.3%
- Gronistics of the system of the circulation 0%
- Diseases of the receiving system 36.2%
- What digital diseases 5.1%
- Chinese sexual diseases 2.7%
- Thoves Annuals 0.3%
- Diseases of theperin period 3.3
- And to 1%.

The 2021e 6-month medical structure of children and teenagers under the Kokand city of Fergana region (Table 1) The 2021y 6-month infection structure of children and teenagers in Kokand city of Fergana region is set in the diagrams below (Diagrams 1)

**Table 1.** The 2021e 6-month medical structure of children and teenagers under the Kokand city of Fergana region

Diseases				Children and teenagers				
	Total	%		Units	%		«D» control	%
Infectious diseases	244	7,6	347,7	38	1,6	54,1	28	1,7
Tumors	0	0,0	0,0	0	0,0	0,0	0	0,0
Endocrine system	105	3,3	149,6	20	0,8	28,5	85	5,1
Blood-forming organs diseases	1126	34,9	1604,5	1045	43,4	1489,1	560	33,6
Nervous system	0	0,0	0,0	0	0,0	0,0	0	0,0
Eye diseases	44	1,4	62,7	39	1,6	55,6	44	2,6
Ear diseases	33	1,0	47,0	21	0,9	29,9	28	1,7
The cardiovascular system	41	1,3	58,4	19	0,8	27,1	39	2,3
Respiratory system	0	0,0	0,0	0	0,0	0,0	0	0,0
Digestive diseases	1166	36,2	1661,5	877	36,4	1249,7	677	40,7
Urinary tract infection	163	5,1	232,3	144	6,0	205,2	30	1,8
Diseases of the skin and subcutaneous tissue	0	0,0	0,0	0	0,0	0,0	0	0,0
Musculoskeletal system	48	1,5	68,4	24	1,0	34,2	28	1,7
Congenital anomalies	16	0,5	22,8	8	0,3	11,4	37	2,2
Diseases of the perinatal period	10	0,3	14,2	0	0,0	0,0	4	0,2
Injury and poisoning	106	3,3	15,1	77	3,2	109,7	56	3,4
<b>Total diseases</b>	<b>0</b>	<b>0,0</b>	<b>0,0</b>	<b>0</b>	<b>0,0</b>	<b>0,0</b>	<b>0</b>	<b>0,0</b>

**Diagrams 1.** Infection structure of children and teenagers in Kokand city of Fergana region is set in the diagrams below



According to the data, the diseases of the respiratory system is leading the respiratory systems with 36.2%, followed by 34.9% of the blood creation of the blood, and the diseases of the digesting digesting are 5.1%.[10] Diseases and juniors in Margilan are expelled among children and juniors:

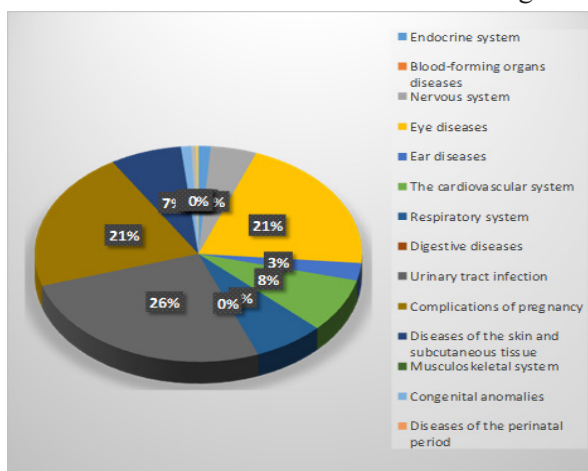
- What diseases 1.2%
- University SIS Diseases 4.5%
- Religious diseases of the creation of the creation. 20.4%
- Diseases of the system of management 2.6%
- 8% of the- 8%
- What diseases are 6.9
- Gronistics of the system of the circulation 0%
- Diseases of the receiving system 25.9%
- Increase Damid Diseases 20.8%
- We are 7.0% of the sexual diseases
- Ftuzamnes 0.5%
- Diseases of theperly period 0.2%
- Arma and poisoning was 1.0%.

The 2021y 6-month infection structure of children and teenagers in Margilan region of Fergana region is set in the table and diagrams below (Table 2)

**Table 2.** Infection structure of children and teenagers in Margilan region of Fergana region is set in the table and diagrams below.

	Children and teenagers							
	Total	%		Units	%		«D» contr	%
Diseases	39	1,2	56,8	27	1,7	39,4	28	2,1
Infectious diseases	151	4,5	220,1	41	2,6	59,8	110	8,2
Tumors	680	20,4	991,2	370	23,6	539,3	310	23,2
Endocrine system	87	2,6	126,8	18	1,1	26,2	19	1,4
Blood-forming organs diseases	267	8,0	389,2	139	8,9	202,6	128	9,6
Nervous system	229	6,9	333,8	115	7,3	167,6	114	8,5
Eye diseases	0	0,0	0,0	0	0,0	0,0	0	0,0
Ear diseases	864	25,9	1259,4	553	35,3	806,1	511	38,2
The cardiovascular system	695	20,8	1013,0	205	13,1	298,8	90	6,7
Respiratory system	233	7,0	339,6	25	1,6	36,4	8	0,6
Digestive diseases	0	0,0	0,0	0	0,0	0,0	0	0,0
Urinary tract infection	34	1,0	49,6	34	2,2	49,6	0	0,0
Complications of pregnancy	0	0,0	0,0	0	0,0	0,0	0	0,0
Diseases of the skin and subcutaneous tissue	18	0,5	26,2	5	0,3	7,3	13	1,0
Musculoskeletal system	8	0,2	11,7	3	0,2	4,4	5	0,4
Congenital anomalies	0	0,0	0,0	0	0,0	0,0	0	0,0
Diseases of the perinatal period	33	1,0	48,1	33	2,1	48,1	0	0,0
Undiagnosed symptoms	3338	10,0	4865,5	1568	100,0	2285,5	1336	100,0

The 2021e 6-month infection structure of children and teenagers in Margilan region of Fergana region is set in the diagrams below (Diagrams 2)



**Diagrams 2.** Infection structure of children and teenagers in Margilan region of Fergana region is set in the diagrams below.

According to the information in Margilan, if the diseases of the respiratory system ranks in 25.9%, the following cases are 20.4% and 20.8%. [4] We can see from the results of the children's breathing system in Margilan to 9.2% compared to children in Kokand, and diseases of the blood crop use are less than 14.5%.[11] Analysis of the spread of diseases between children and adolescents showed that the first place in the all age group was occupied by diseases of the breath. [8] Among the children of preschool age, not only diseases of infectious but also diseases of the digestive and blood-generation are also common among children. As the child agriculture

grows, the composition of the disease will also change. The composition of the infections depends not the same in all children and adolescents, depending on various factors. [7] When it is a comprehensive work to reduce the health of the general morbidity and strengthen the health of children and adolescents, because they should pay attention to infectious diseases and prevent injuries, because they are the main reason for childhood. Thus, it is one of the main tasks of medical and prevention staff affecting children's organisms in maintaining and strengthening the health of the younger generation. [1] Based on the results of the study, the doctrine in the outpatient student invites the doctrine in the outpatient network to include health status in the comprehensive study methodology. [5] In the speaking, our opinion will provide the following priorities on the preservation and strengthening of children's health:

1. Further development of medical and social support of children and adolescents for protection of health, children and adolescents.
2. Development and improvement of the innovative system of pedrapylactic pediatrics.
3. Infinite patients in harmony, disability, and disability of children's population.
4. Medicine of doctors and pediatricians working in the lower levels of motio, training in developed countries.

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